

The Higher Self is What Will "Save" Us: Guidance for the "End" Times

by Christine Hoeflich

It seems to me that humanity is waiting for something important to happen right now. Christians wait for the Second Coming of Christ, who is to save them from the evil of this world. Those with views more in line with the New Age wait for other things, such as for the Galactic Federation to arrive and save them and the planet from the Dark Cabal. Some wait for financial disbursements that have been promised for years to save them from debt. Still others espouse the view that the ego is to blame for all of humanity's problems (whatever their definition of ego in that moment), and that the answers lie in forgiveness. Once we forgive, the story goes, we can break the cycle of birth and death and never be required to return to this dreadful planet again. I've come to understand that none of these views is completely accurate, and that misunderstandings exist amongst all of them (although each can be *partially* true).

Although no one is absolutely certain about what exactly will transpire in the next few months and years, the one thing I am confident of is that you (i.e. your higher self) does not need to be saved. More importantly, your higher self will in no way cheat you out of the amazing experience of "saving" yourself. That's because your higher self is divine, and divine beings don't need to be saved. They can save themselves by participating in their own upliftment (or "ascension," as some people call it). Through my own experiences (which I detail in my book), I've come to understand that your higher self will not cheat you out of the amazing opportunity, after all these years, to discover who you really are and what you're truly capable of once you reconnect to it. Neither will you need to forgive or be forgiven, at least in the strictly traditional sense of the word. My understanding is that after all of humanity's difficult experiences on Earth (which we've chosen to experience for the higher purposes of inner growth, for everyone's greater good, and to be of service to the rest of the universe), we will finally triumph.

Everyone has a soul, a higher self. But have we tapped into it yet? Not nearly as much as is possible. The soul's energy is the energy of our potential, and it is through this creative capacity that we will resolve our issues and "save" ourselves. After all, even the Bible itself states that Christ said that we will be able to do even greater things than he.

Tapping into your soul (aligning with it) is what will tip the scales in favor of the "Golden Age." Not much will change in your outer world until you reach the point of "critical mass" in your life. (Critical mass is the point where the relationship with your soul becomes at least as real and as important to you as your relationship with anyone else in your life.) This is the point where you consistently follow through on the guidance of your higher self (your intuition)--meaning that you take action that's inspired by your higher self. Taking the higher path is not an automatic process but requires conscious effort on your part. I summarize how this is done in my article "Alignment with the Higher Self: the Essentials for Success." I also explain the bigger picture of this worldview in the article "The Truth about Awakening: Reconnection with the Higher Self."

So I will suggest that we all stop waiting and begin our higher life purposes. Besides helping all of humanity, you will first and foremost help yourself and your family. And your higher self (which is your connection to the greater universe) will reward you generously for trusting enough to follow through.

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